



Don't get caught in an Ice Emergency!

What would you do if you plunged through the ice on a frozen lake? Safety means carrying the right equipment. Skaters, skiers, iceboaters, ice fishermen, snowmobilers: You may be the first to arrive at an accident scene. Be prepared to rescue yourself, your buddy, or an accident victim.

Ice Claws, Ice Poles and Nordic Lifelines give you inexpensive peace of mind.

Tested for years in the rugged Scandinavian winters, these simple accessories have saved many lives.

IceClaws are a pair of plastic grips with hardened stainless steel spikes protruding from one end. They come in a protective plastic holster with a nylon strap. Wear them around your neck where they'll be easy to reach in an emergency. *And they float!*

If you fall through the ice, stay calm. Tread water and move back to the edge you fell from.

There you know the ice will hold you. Keep your gloves on. Pull your IceClaws out of their protective holster and hold one in each hand. Reach as far as you can onto the ice and stab both IceClaws into the ice. Kick your legs to get them up to the surface, then pull yourself out of the water and onto the ice. Once you're on the ice, don't stand up yet. Slide forward on your stomach until you're sure the ice is thick enough to support your weight.

Two models: **Standard** (in photo) and **Elite**. Attached **whistle** included.



**Ice
Claws**

Nordic Lifeline



**Essential gear
for emergency
ice & water rescue**

Lightweight and strong, the **Nordic Lifeline** has 25 meters (82 feet) of UV-stabilized, braided polypropylene floating rope, stuffed inside a specially-designed "throw bag" with a quick-release velcro closure.

Easy to throw accurately, the Lifeline's aerodynamic shape helps you get it where it needs to go, and quickly. The rope uncoils automatically from the bag as you throw it. The reinforced loop on the end of the bag is easy to grab onto.

A foam-padded weight inside the bag gives the Lifeline extra momentum as it flies through the air. And it floats too!

Carry your **Nordic Lifeline** in the winter on the ice, and in the summer in your canoe, kayak, sailboat or motorboat.



Top-quality lightweight **Swedish Ice Poles** have hardened steel ice-piercing tips for measuring the strength of the ice. No more drilling with ice augers! Simply thrust your pole straight down into the ice with all your strength. If it goes all the way through, and water squirts up through the hole, turn back – the ice is too weak to support you. Ice Poles also help you keep your balance crossing rough ice.

Handles clip together for easy carrying.

Indestructible aluminum shafts. **Custom lengths** up to 155 cm (61").



Swedish Ice Poles



Nordic Skater

www.nordicskater.com

PO Box 89, Norwich, Vermont 05055 USA

Toll-Free (866) 244-2570

Worldwide +1 (802) 649-3939

Cross-Country Skis – Roller Skis

Ice Skates – Ice Safety Equipment